

toxicity (WHO G3 + 4) for arm A: leucopenia 90% vs 75%, thrombocytopenia 37% vs 19%, blood transfusions 59% vs 48%, infectious episodes 58% vs 48%. Oesophagitis (4%) and late lung toxicity (38%) were similar in A and S. Median survival was 15 month and combined response rate (CR + PR) 69% in A and 84% in S ($P = 0.012$). Using predefined criteria 36% A and 30% S patients needed dose reductions and 29% A, 27% S treatment delays with 20% A and 9% S not completing the planned 5 courses of chemotherapy.

The results of this unique trial will help to identify the role of alternating treatment schedules in good prognosis SCLC.

78

ORAL

DOSE INTENSIVE CHEMOTHERAPY IN PATIENTS WITH ADVANCED SMALL CELL LUNG CANCER (SCLC): PRELIMINARY RESULTS OF A MULTICENTER RANDOMIZED TRIAL

J.L. Pujol¹, J.Y. Douillard², A. Rivière³, M. Poudenx⁴, E. Quoix⁵, D. Spaeth⁶, P. Chomy⁷, J.J. Lafitte⁸, A. Monnier⁹, B. Milleron¹⁰, P. Berthaud¹¹, T. Le Chevalier¹¹

CHU ¹Montpellier, ²Strasbourg, ³Lille, ⁴Montbéliard, ⁵Tenon Paris, ⁶Nantes, ⁷Caen, ⁸Nice, ⁹Nancy, ¹⁰Bordeaux, ¹¹IGR Villejuif, and ¹²PHARMACIA France

A 25%-33% increase in initial doses of cisplatin (CDDP) and cyclophosphamide (CPM), when combined with standard doses of doxorubicin and etoposide, has been found sufficient to significantly improve both disease free and overall survival in patients with limited SCLC (NEJM 1993, 329, 1148-1152). In this following trial, we are testing whether or not an increase in dose-intensity of a quite similar 4-drug regimen leads to an improvement in survival. From October 1991 to December 1994, 123 patients with untreated SCLC were enrolled in this study comparing "standard dose" (SD) PEVEP for 6 cycles versus "high dose" (HD) PEVEP + rh-GM-CSF (E. Coli derived) for 4 cycles. SD PEVEP consisted of: Epirubicin 40 mg/m² d1, CDDP 100 mg/m² d2, Etoposide 75 mg/m² d1-3, CPM 400 mg/m² d1-3. In the HD PEVEP arm the intended doses for each cycle were increased by 50% except for CDDP: 25%. This HD PEVEP arm was supported by a systematic use of rh-GM-CSF (5 µg/kg/d s. c.) administered from d4 to d13. Thus, the cumulative doses in both arms were roughly similar. Responding patients with residual disease confined to the chest were eligible for thoracic radiation. Complete responders were eligible for prophylactic cranial radiation. An interim analysis was performed as planned by the protocol after the inclusion of 50% of 200 patients required to demonstrate a 50% improvement in median survival. Accrual has been closed prematurely on 12/23/94 due to a significant survival difference between the two arms. An updated analysis will be presented.

79

ORAL

A RANDOMIZED STUDY OF INITIAL VS DELAYED CHEST IRRADIATION WITH CHEMOTHERAPY IN LIMITED STAGE SMALL CELL LUNG CANCER

E. Work, O.S. Nielsen, S.M. Bentzen, K. Fode, T. Palshof

Department of Oncology & Danish Cancer Society

Department of Exp. Clin. Oncology, U.H. of Aarhus, Denmark

The timing of chest irradiation (CI) with respect to combination chemotherapy (CT) may influence the probability of resistant tumor cell dissemination in limited stage small cell lung cancer. Therefore, a randomized study was undertaken comparing initial CI (ICI) (99 patients) with "late" (18 weeks delayed) CI (LCI) (100 patients). All 199 eligible patients received cisplatin and etoposide alternating with cyclophosphamide, doxorubicin and vincristine at intervals of 3 weeks. CI was given in 22 fractions as a split course with cisplatin and etoposide in the interval. The central dose was originally 40 Gy, later increased to 45 Gy. Total duration of CI + CT was 7 mo. The total dose of CI and CT actually given in the two groups was similar. Median age was 60 (36-70) yrs. Minimum follow-up was 5 years. None of the endpoints studied differed significantly between LCI/ICI: treatment toxicity, local response (CR = 61/59%), median survival (366/320 days), 2-yr survival (18.0 ± 3.8/20.2 ± 4.0 (± SE) %), and 5-yr survival (10.8 ± 3.1/10.8 ± 3.1%). The estimated ratio of hazard rates was 0.88 with 95% conf. lim. [0.66, 1.18]. Taking a 5-yr survival of 11% after ICI as the reference, the estimated 95% conf. lim. for the 5-yr survival after LCI are 7% and 23%. Thus the current trial shows that the benefit, if any, from a changed timing of CI relative to CT can only be relatively modest.

80

ORAL

DOSE-INTENSIFICATION OF V-ICE CHEMOTHERAPY WITH GM-CSF IN SMALL CELL LUNG CANCER (SCLC)—A PROSPECTIVE RANDOMISED STUDY OF 301 PATIENTS

W.P. Steward¹, J. von Pawel², U. Gatzemeier³, N. Thatcher⁴, J. Frisch⁵, for SCLC Study Group

¹Beatson Oncology Centre, Glasgow, U.K., ²Central Krankenhaus, Gauting, Germany, ³Central Krankenhaus, Grosshansdorf, Germany, ⁴Christie Hospital, Manchester, U.K., ⁵Behringwerke, Marburg, Germany

Patients (pts) with SCLC and ≤ 3 adverse prognostic features (Manchester system) were randomised in a multicentre prospective study to 6 courses of VICE chemotherapy (ifosfamide 5 g/m², carboplatin 300 mg/m², etoposide 120 mg/m² iv d1, 2 & 240 mg/m² po d3, vincristine 0.5 mg/m² d14) every 3 or 4 weeks ("intensified" & "standard" arms respectively). Pts received 14 days of granulocyte-macrophage colony-stimulating factor (GM-CSF) or placebo (250 µg/m²/d) between each course in a double-blind fashion. Endpoints are to determine the effects of dose-intensity and GM-CSF on outcome.

301 pts were entered from 17 centres in Europe (70% from 4 centres) up to 1/94. Sixty-three percent had ≤ 1 adverse prognostic feature and 41% had extensive stage disease (similar distribution in "fixed" and "intensive" arms). Overall, 30% greater dose-intensity was administered to pts in the "intensive" arm. Preliminary outcome assessments are: "fixed" arm—documented sepsis—28 pts, OR 76% (52% CR), 8-month survival 63%; "intensive" arm—documented sepsis—11 pts, OR 87% (47% CR), 8-month survival 75%. Detailed outcome analysis with assessment of the effects of GM-CSF will be performed in 6/95 with a minimum follow up of 1 year.

81

ORAL

MAINTENANCE CHEMOTHERAPY IN PATIENTS WITH SMALL CELL LUNG CANCER AFTER INDUCTION CHEMOTHERAPY WITH IFOSFAMIDE, ETOPOSIDE AND ANTHRACYCLIN: RANDOMIZED TRIAL CONDUCTED BY THE EUROPEAN LUNG CANCER WORKING PARTY

J.-P. Sculier, G. Bureau, V. Giner, J. Thiriaux, P. Mommen, M. Paesmans, J. Klastersky

Institut Jules Border, Brussels, Belgium

Our group has conducted in previously untreated patients with small cell lung cancer a randomized trial (closed in May 1993) having as primary endpoint the effect on survival of a maintenance chemotherapy (etoposide 120 mg/m² d 1-3 + vindesine 3 mg/m² d 1, every 3 weeks, 12 courses) given to responding patients after 6 courses of induction chemotherapy. As secondary endpoint, there was a comparison between adriamycin (45 mg/m²) (IV A) and epirubicin (60 mg/m²) (IVE60) in one set of patients and between two dosages (60 vs 90 mg/m²) (IVE60 vs IVE90) of epirubicin in a second set, in combination with ifosfamide and etoposide. Six courses were given at 3 to 4 weeks intervals. On 235 patients eligible for induction therapy, after the 6 courses, 91 were randomized between maintenance (M) (45 pts) and no maintenance (noM) (46 pts). At time of analysis, median follow-up was 175 (range 98-241) weeks after registration and 155 (range 74-219) weeks after randomization and 77 patients died. Median survival time was 38 weeks (95% CI 27-43) for noM and 48 weeks (95% CI 33-55) for M ($P = 0.10$, logrank test). In univariate analysis, good Karnofsky PS and limited disease extent were good prognostic factors. In multivariate analysis, only disease extent was a significant prognostic factor. We concluded that maintenance chemotherapy resulted in a statistically non significant survival improvement.

82

ORAL

TREATMENT OF SMALL CELL LUNG CANCER (SCLC) IN ELDERLY PATIENTS (E.P.)

A. Paccagnella, A. Favaretto, L. Tomio¹, A. Morabito, F. Oniga, F. De Poli, F. Sartore, M.V. Fiorentino

Department of Medical Oncology

¹Department of Radiotherapy, General Hospital, Padova I-35128 Italy

Aim: to analyze the treatment outcome for E.P. (i.e. older than 70 yrs) affected by SCLC treated at our institution with the same protocol and entry criteria as younger pts. Results: From 1980 to 1988, 286 patients (M/F: 262/24) were treated; 254 (88%) were younger than 70 (Y.P.) while 32 (12%) were E.P. Pt. characteristics were similar in both age groups: median PS was 80% vs 80%, increased LDH 46% vs 47%, weight loss 55% vs 53%, limited disease (LD) stage 58% vs 56%, stages I-II 18% vs 18%, IIIA 26% vs 31%, IIIB 17.3% vs 15.6%,